EMBARKING WITH EASE

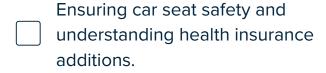
YOUR NEWBORN PREPARATION CHECKLIST

At Camarena Kids our number one priority is you and your baby. Our team of providers are here to ensure that all parents-to-be deliver a healthy baby through early planning and prenatal care. Our providers and staff are here for you to plan a positive childbirth experience.

Things to prepare for before your baby arrives:

Prenatal and breastfeeding classes
to empower your journey.

Selecting your delivery hospital and
a Camarena Health Pediatrician.



Your Camarena Kids Pediatrician is here for you to give personalized guidance every step of the way.



Camarena Health Pediatrics (559) 664-4000

Camarena Kids

441 E. Yosemite Ave. Madera, CA 93638 camarenahealth.org/first-steps

